



# Brighten Academy Kinder-Prep Preschool

## Preschool Menu - Week of October 22<sup>nd</sup>, 2018

	<u>EARLY SNACK</u> 7:00 AM - 7:45 AM	<u>MORNING SNACK</u> 9:00 AM - 9:15 AM	<u>LUNCH</u> 11:45 AM - 12:00 PM	<u>AFTERNOON SNACK</u> 4:00 PM - 4:15 PM
MONDAY	Corn Flakes $\frac{1}{2}$ cup Milk	Chewy Granola Bar $\frac{1}{2}$ cup Juice	Cheeseburger $\frac{1}{2}$ cup Mandarin Oranges $\frac{1}{2}$ cup Corn $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Animal Crackers $\frac{1}{2}$ cup Juice
TUESDAY	Corn Flakes $\frac{1}{2}$ cup Milk	Pancake $\frac{1}{2}$ cup Juice	Popcorn Chicken $\frac{1}{2}$ cup Green Salad w/ Ranch Dressing $\frac{1}{2}$ cup Peaches $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Goldfish Crackers $\frac{1}{2}$ cup Juice
WEDNESDAY	Corn Flakes $\frac{1}{2}$ cup Milk	Wheat Toast w/butter $\frac{1}{2}$ cup Juice	Turkey & Cheese Stack $\frac{1}{2}$ cup Cucumbers $\frac{1}{2}$ cup Mixed Fruit $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Raisins $\frac{1}{2}$ cup Juice
THURSDAY	Corn Flakes $\frac{1}{2}$ cup Milk	1/3 Banana $\frac{1}{2}$ cup Juice	Mozzarella Sticks $\frac{1}{2}$ cup Carrots $\frac{1}{2}$ cup Pineapple $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Veggie Straws $\frac{1}{2}$ cup Juice
FRIDAY	Corn Flakes $\frac{1}{2}$ cup Milk	English Muffin w/butter $\frac{1}{2}$ cup Juice	Hot Dog $\frac{1}{2}$ Tater Tots $\frac{1}{2}$ cup Pears $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Cheese Cubes $\frac{1}{2}$ cup Juice