



Brighten Academy Kinder-Prep Preschool

Preschool Menu - Week of December 10th, 2018

	EARLY SNACK 7:00 AM - 7:45 AM	MORNING SNACK 9:00 AM - 9:15 AM	LUNCH 11:45 AM - 12:00 PM	AFTERNOON SNACK 4:00 PM - 4:15 PM
MONDAY	Cheerios $\frac{1}{2}$ cup Milk	Waffle Half w/Butter $\frac{1}{2}$ cup Juice	Corn Dog $\frac{1}{2}$ cup Carrots $\frac{1}{2}$ cup Raisins $\frac{1}{2}$ cup Milk	Strawberry Go-Gurt $\frac{1}{2}$ cup Juice
TUESDAY	Cheerios $\frac{1}{2}$ cup Milk	Chewy Granola Bar $\frac{1}{2}$ cup Juice	Frito Boat $\frac{1}{2}$ cup Corn $\frac{1}{2}$ cup Cheese Cubes $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Pretzels $\frac{1}{2}$ cup Juice
WEDNESDAY	Cheerios $\frac{1}{2}$ cup Milk	Banana Muffin $\frac{1}{2}$ cup Juice	Mozzarella Sticks $\frac{1}{2}$ cup Green Beans $\frac{1}{2}$ cup Pears $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Graham Crackers $\frac{1}{2}$ cup Juice
THURSDAY	Cheerios $\frac{1}{2}$ cup Milk	English Muffin w/Butter $\frac{1}{2}$ cup Juice	Fish Sticks $\frac{1}{2}$ cup Cucumbers $\frac{1}{2}$ cup Peaches $\frac{1}{2}$ cup Milk	1/3 Banana $\frac{1}{2}$ cup Juice
FRIDAY	Cheerios $\frac{1}{2}$ cup Milk	Pancake $\frac{1}{2}$ cup Juice	Turkey and Cheese Sandwich $\frac{1}{2}$ cup Veggie Straws $\frac{1}{2}$ cup Pineapple $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Animal Crackers $\frac{1}{2}$ cup Juice