



Brighten Academy Kinder-Prep Preschool

Preschool Menu - Week of July 16, 2018

	EARLY SNACK 7:00 AM - 7:45 AM	MORNING SNACK 9:00 AM - 9:15 AM	LUNCH 11:45 AM - 12:00 PM	AFTERNOON SNACK 4:00 PM - 4:15 PM
MONDAY	Cheerios 1/2 cup Milk	Wheat Toast w/butter 1/2 cup Juice	Nachos w/Cheese Sauce 1/2 cup Tater Tots 1/2 cup Raisins 1/2 cup Milk	Veggie Straws 1/2 cup Juice
TUESDAY	Cheerios 1/2 cup Milk	French Toast Sticks 1/2 cup Juice	Ham & Cheese Roll-Up 1/2 cup Green Salad w/Ranch Dressing 1/2 cup Pineapple 1/2 cup Milk	Goldfish Crackers 1/2 cup Juice
WEDNESDAY	Cheerios 1/2 cup Milk	Blueberry Muffin 1/2 cup Juice	Beef Taquitos 1/2 cup Green Beans 1/2 cup Peaches 1/2 cup Milk	Chewy Granola Bar 1/2 cup Juice
THURSDAY	Cheerios 1/2 cup Milk	Pancakes 1/2 cup Juice	Cheese Quesadilla 1/2 cup Carrots 1/2 cup Pears 1/2 cup Milk	Ritz Crackers 1/2 cup Juice
FRIDAY	Cheerios 1/2 cup Milk	Graham Cracker 1/2 cup Juice	Fish Sticks 1/2 cup Corn 1/2 cup Fruit Cocktail 1/2 cup Milk	Cheese Cubes 1/2 cup Juice