



# Brighten Academy Kinder-Prep Preschool

## Preschool Menu - Week of January 22, 2018

	<b>EARLY SNACK</b> 7:00 AM - 7:45 AM	<b>MORNING SNACK</b> 9:00 AM - 9:15 AM	<b>LUNCH</b> 11:45 AM - 12:00 PM	<b>AFTERNOON SNACK</b> 4:00 PM - 4:15 PM
MONDAY	Honey Nut Cheerios 1/2 cup Milk	Cinnamon Toast 1/2 cup Juice	Cheeseburger 1/2 cup Diced Carrots 1/2 cup Pineapple 1/2 cup Milk	Graham Cracker 1/2 cup Juice
TUESDAY	Honey Nut Cheerios 1/2 cup Milk	English Muffin w/butter 1/2 cup Juice	Nachos w/Cheese Sauce 1/2 cup Corn 1/2 cup Mandarin Oranges 1/2 cup Milk	1/2 cup Pretzels 1/2 cup Juice
WEDNESDAY	Honey Nut Cheerios 1/2 cup Milk	Waffle Half w/butter 1/2 cup Juice	Turkey & Cheese Sandwich 1/2 cup Tater Tots 1/2 cup Raisins 1/2 cup Milk	1/2 cup Cheez-Its 1/2 cup Juice
THURSDAY	Honey Nut Cheerios 1/2 cup Milk	Chewy Granola Bar 1/2 cup Juice	Bean & Cheese Burrito 1/2 cup Green Beans 1/2 cup Fruit Cocktail 1/2 cup Milk	1/2 cup Veggie Straws 1/2 cup Juice
FRIDAY	Honey Nut Cheerios 1/2 cup Milk	1/2 Banana 1/2 cup Juice	Corn Dogs 1/2 cup Cheese Cubes 1/2 cup Applesauce 1/2 cup Milk	1/2 cup Popcorn 1/2 cup Juice